LUSSO DENTAL

Inhalation Sedation

Questions and Answers

LUSSO DENTAL · WEST BYFLEET

54 Station Approach, West Byfleet, Surrey KT14 6NE · lusso.dental

FREQUENTLY ASKED QUESTIONS

Inhalation Sedation: your questions answered

Inhalation sedation, sometimes called gas and air, uses a mixture of nitrous oxide and oxygen breathed through a small nose piece to help you feel calm during treatment. It wears off quickly once the gas is stopped.

FREQUENTLY ASKED QUESTIONS

Your questions answered

Will I be asleep?

No. You will feel relaxed and calm but stay awake and able to talk to us.

Is it the same as gas and air in labour?

It is similar. Dental inhalation sedation uses a carefully controlled mixture of nitrous oxide and oxygen, adjusted to you.

Can I drive afterwards?

Usually yes, once you have breathed oxygen, rested and the team has checked you have recovered. If you feel at all affected, do not drive.

Does it work for everyone?

No. It works well for many people with mild to moderate anxiety. It may not work if you breathe mainly through your mouth or are very anxious, and IV sedation may then be an option.

Can I have it while pregnant?

It is avoided in the first trimester. Later in pregnancy, we would discuss it with you and, where needed, your midwife or doctor.

Will I still need an injection?

Usually yes, for local anaesthetic to numb your mouth. Many people find this much easier once relaxed with the gas.

Is it suitable for children?

It is often used for children who are anxious but able to cooperate. A parent or guardian must give consent and come with them.

How long does it take to wear off?

Usually a few minutes after breathing oxygen. We keep you in the clinic briefly to make sure you have recovered.

IMAGES, VIDEOS AND FURTHER READING

See it for yourself

Before and after photographs of Dr Kal's own work are in our smile gallery, and treatment videos are on our YouTube channel. These independent sources are also a good place to read more.

LUSSO sedation dentistry	Our guide to sedation options at LUSSO.
Dental Fear Central: sedation	Explanations of the types of dental sedation, including inhalation sedation.
Guy's and St Thomas': dental sedation	NHS hospital information on dental sedation services.
Dental Fear Central	Support and coping strategies for people who feel anxious about dentistry.

Need us? Call 01932 507650 or WhatsApp 07835 798 611 in opening hours, or email hello@lusso.dental. Out of hours, call **NHS 111**. If you have difficulty breathing or swallowing, heavy bleeding that will not stop, or swelling spreading to your eye or neck, call **999** or go to A&E.

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SCAN TO REGISTER

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