LUSSO DENTAL

Bone Grafting and Sinus Lift

Questions and Answers

LUSSO DENTAL · WEST BYFLEET

54 Station Approach, West Byfleet, Surrey KT14 6NE · lusso.dental

FREQUENTLY ASKED QUESTIONS

Bone Grafting and Sinus Lift: your questions answered

Bone grafting rebuilds bone in the jaw where it has shrunk, so an implant can be placed safely. A sinus lift adds bone under the floor of the sinus above the upper back teeth.

FREQUENTLY ASKED QUESTIONS

Your questions answered

Why do I need a bone graft?

An implant needs enough bone around it to be stable and in the right position. If the bone has shrunk, a graft rebuilds it.

Where does the graft material come from?

It can be your own bone, a bovine (cow) derived material that has been processed and purified, or a synthetic material. We will discuss the options with you.

I have religious or dietary views about animal products. What can I do?

Please tell us. We will explain the source of each material and offer alternatives, such as your own bone or a synthetic graft, and we will record your decision.

Does it hurt?

The area is fully numbed, so you should feel pressure but not sharp pain. Afterwards it is usually sore for a few days, and pain relief such as paracetamol or ibuprofen helps.

What is a sinus lift?

It is a procedure to add bone under the floor of the sinus in the upper jaw so an implant can be placed where the bone is too short.

Why can't I blow my nose?

Blowing your nose creates pressure that could disturb the graft or the sinus lining while it heals. Gently wipe your nose instead and sneeze with your mouth open.

How long before I can have my implant?

Usually four to nine months, depending on the size and type of graft. Sometimes the implant is placed at the same time as the graft.

What if the graft does not work?

If the graft does not take, we let the area heal and may graft again or suggest another option. We will discuss the costs openly.

IMAGES, VIDEOS AND FURTHER READING

See it for yourself

Before and after photographs of Dr Kal's own work are in our smile gallery, and treatment videos are on our YouTube channel. These independent sources are also a good place to read more.

LUSSO dental implants	Our guide to implant treatment at LUSSO, including bone grafting, with images.
Guy's and St Thomas': dental implants	NHS hospital leaflet on implant treatment, including bone grafting.
Oral Health Foundation: dental implants	Independent patient information on implants and what is involved.
BAOMS patient procedures	Oral and maxillofacial surgery patient information on a range of procedures.

Need us? Call 01932 507650 or WhatsApp 07835 798 611 in opening hours, or email hello@lusso.dental. Out of hours, call **NHS 111**. If you have difficulty breathing or swallowing, heavy bleeding that will not stop, or swelling spreading to your eye or neck, call **999** or go to A&E.

LUSSO
DENTAL

Ready when you are

A purpose built private dental wellness clinic opposite West Byfleet station, led by Dr Kal. Implants, cosmetic dentistry, sedation and family care. Opening Q1 2027.

NEW PATIENT OFFER

£1,010 of care for £49

For the first 150 patients to register: a Dental Wellness Assessment with Dr Kal, an advanced 3D scan, Digital Smile Design, a 30 minute hygiene visit and a professional whitening kit with custom trays. £49 is paid when you book and covers your trays.

REGISTER MY INTEREST

lusso.dental/new-patient-offer · Offer terms apply

SCAN TO REGISTER

CALL
01932 507650

WHATSAPP
07835 798 611

EMAIL
hello@lusso.dental

54 Station Approach, West Byfleet, Surrey KT14 6NE · opposite the station

LUSSO.DENTAL · @LUSSODENTAL

This guide is general information and does not replace a personal consultation. Guide prices correct at October 2026 and confirmed in writing at consultation. Results vary between patients and no outcome is guaranteed. LUSSO Dental is a trading name of Lusso Dental WBF Limited, registered in England and Wales, company number 17272763. Principal dentist Dr Kalpesh Prajapat, BDS MFDS RCS(Ed) DipClinDent, GDC No. 264109. Registration with the Care Quality Commission is in progress.