LUSSO DENTAL

Teeth Whitening

Questions and Answers

LUSSO DENTAL · WEST BYFLEET

54 Station Approach, West Byfleet, Surrey KT14 6NE · lusso.dental

FREQUENTLY ASKED QUESTIONS

Teeth Whitening: your questions answered

Teeth whitening gently lightens the natural colour of your teeth using a prescribed gel. In the UK it can only be provided by, or on the prescription of, a registered dentist, and only for adults over 18.

FREQUENTLY ASKED QUESTIONS

Your questions answered

Is whitening safe?

When prescribed by a dentist and used as instructed, whitening is considered safe for healthy teeth and gums. It does not weaken enamel. Most side effects, such as sensitivity, are temporary.

How white will my teeth get?

Results vary from person to person and depend on your natural colour and type of staining. We will discuss a realistic aim at your consultation. No particular shade is guaranteed.

How long does it last?

Results usually last from several months to a few years. Tea, coffee, red wine and smoking cause colour to return faster. Occasional top ups with your trays help maintain it.

Why can't I buy stronger gel online?

UK law limits whitening products to 6% hydrogen peroxide, prescribed by a dentist for adults. Stronger or unregulated products can burn gums and damage teeth.

Will my fillings or crowns change colour?

No. Fillings, crowns, veneers and bonding stay the same colour. If they are visible, you may want them replaced after whitening so they match, which is an extra cost.

What is the difference between home and advanced whitening?

Home whitening uses custom trays and gel over a few weeks. Advanced whitening adds a supervised clinic session after the home phase and is suited to teeth that are harder to lighten. Both use legal strength products.

Does whitening hurt?

It should not hurt, but sensitivity is common. It usually feels like short twinges to cold and settles after treatment. We can adjust your routine and give products to help.

Can I whiten if I am under 18?

No. UK law does not allow cosmetic whitening for anyone under 18. We can still help with hygiene and stain removal.

Can I whiten while pregnant?

We advise waiting until after pregnancy and breastfeeding as a precaution. Hygiene visits can still go ahead.

IMAGES, VIDEOS AND FURTHER READING

See it for yourself

Before and after photographs of Dr Kal's own work are in our smile gallery, and treatment videos are on our YouTube channel. These independent sources are also a good place to read more.

LUSSO teeth whitening	Our page explaining home and advanced whitening, with fees.
LUSSO smile gallery	Before and after images of treatment carried out at the clinic.
GDC information for patients, including whitening	The General Dental Council explains who can legally provide whitening in the UK.
Oral Health Foundation: cosmetic treatment	Independent overview of cosmetic options, including whitening.

Need us? Call 01932 507650 or WhatsApp 07835 798 611 in opening hours, or email hello@lusso.dental. Out of hours, call **NHS 111**. If you have difficulty breathing or swallowing, heavy bleeding that will not stop, or swelling spreading to your eye or neck, call **999** or go to A&E.

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Ready when you are

A purpose built private dental wellness clinic opposite West Byfleet station, led by Dr Kal. Implants, cosmetic dentistry, sedation and family care. Opening Q1 2027.

NEW PATIENT OFFER

£1,010 of care for £49

For the first 150 patients to register: a Dental Wellness Assessment with Dr Kal, an advanced 3D scan, Digital Smile Design, a 30 minute hygiene visit and a professional whitening kit with custom trays. £49 is paid when you book and covers your trays.

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lusso.dental/new-patient-offer · Offer terms apply

SCAN TO REGISTER

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01932 507650	07835 798 611	hello@lusso.dental

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