LUSSO DENTAL

Gum Therapy (Root Surface Debridement)

Questions and Answers

LUSSO DENTAL · WEST BYFLEET

54 Station Approach, West Byfleet, Surrey KT14 6NE · lusso.dental

FREQUENTLY ASKED QUESTIONS

Gum Therapy (Root Surface Debridement): your questions answered

A deep clean of the root surfaces below the gum line, usually with local anaesthetic, to treat gum disease (periodontitis) and help the gums heal and tighten.

FREQUENTLY ASKED QUESTIONS

Your questions answered

Will it hurt?

We numb the area, so you should feel pressure and vibration rather than pain. Afterwards gums may ache for a day or two.

How many appointments will I need?

Usually two to four, depending on how many areas need treatment. We will plan this with you.

Can gum disease be cured?

It can be controlled and kept stable, but not cured. Ongoing care at home and regular maintenance visits are needed.

Why do my teeth look longer afterwards?

Swollen gums shrink back as they heal. This is a sign of reduced inflammation, but it can show more of the root.

Does smoking make a difference?

Yes. Smoking reduces how well gums respond and increases the risk of tooth loss. Stopping is one of the most helpful things you can do.

Will I need antibiotics?

Usually not. Antibiotics are only used in specific situations, in line with national guidance.

Can I go to work afterwards?

Most people can. You may be numb for a few hours, so plan meals around that.

Is gum disease linked to my general health?

Yes. It is linked with diabetes and other conditions. Treating your gums may help your general health.

What happens if my gums do not improve?

We may repeat treatment in some areas, consider gum surgery, or refer you to a specialist periodontist.

IMAGES, VIDEOS AND FURTHER READING

See it for yourself

Before and after photographs of Dr Kal's own work are in our smile gallery, and treatment videos are on our YouTube channel. These independent sources are also a good place to read more.

LUSSO hygiene and gum therapy	How we treat gum disease at LUSSO, with images.
British Society of Periodontology: patients	Trusted information on gum disease, including videos on cleaning between teeth.
Oral Health Foundation: gum disease	Causes, signs and treatment of gum disease. Text only.
NHS: gum disease	Symptoms and treatment of gum disease. Text only.
LUSSO fees	Our full fee list. Text only.

Need us? Call 01932 507650 or WhatsApp 07835 798 611 in opening hours, or email hello@lusso.dental. Out of hours, call **NHS 111**. If you have difficulty breathing or swallowing, heavy bleeding that will not stop, or swelling spreading to your eye or neck, call **999** or go to A&E.

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