LUSSO DENTAL

Hygiene and Guided Biofilm Therapy

Questions and Answers

LUSSO DENTAL · WEST BYFLEET

54 Station Approach, West Byfleet, Surrey KT14 6NE · lusso.dental

FREQUENTLY ASKED QUESTIONS

Hygiene and Guided Biofilm Therapy: your questions answered

A professional clean with our hygienist to remove plaque, tartar and staining, using Guided Biofilm Therapy with a warm air, water and fine powder spray, followed by tailored advice for home care.

FREQUENTLY ASKED QUESTIONS

Your questions answered

Does Airflow hurt?

Most people find it comfortable. It uses warm water and a very fine powder rather than scraping. Let us know if any area feels sensitive and we can adjust.

Is the powder safe?

Yes. The powder is very fine and designed for use on teeth and gums. Tell us about any allergies before we start.

Will it whiten my teeth?

It removes surface stains, so teeth can look brighter. It does not change the natural colour of your teeth. That needs whitening.

How often should I have a hygiene visit?

It depends on your gum health. Many people come every three to six months, and we will recommend a timing for you.

Why do my gums bleed?

Bleeding is usually a sign of inflammation caused by plaque. It normally improves with professional cleaning and daily cleaning between your teeth.

Is GBT safe for implants and veneers?

Yes. It is gentle on crowns, veneers, bonding, implants and braces.

I have asthma. Can I have Airflow?

Usually yes, but please tell us. If you have a severe breathing condition we may use a different approach.

What is the difference between hygiene and gum therapy?

Hygiene cleans above and just below the gum line. Gum therapy cleans deeper pockets on the root surfaces, usually with local anaesthetic.

Is hygiene included in membership?

Our membership plans include hygiene visits. Please ask us which plan suits you.

IMAGES, VIDEOS AND FURTHER READING

See it for yourself

Before and after photographs of Dr Kal's own work are in our smile gallery, and treatment videos are on our YouTube channel. These independent sources are also a good place to read more.

LUSSO hygiene and gum therapy	Our approach to hygiene and Guided Biofilm Therapy, with images.
LUSSO on YouTube	Short treatment videos from our team, including hygiene visits.
British Society of Periodontology: patients	Patient information about gum health, including videos on cleaning between teeth.
Oral Health Foundation: gum disease	Causes, signs and prevention of gum disease. Text only.
NHS: gum disease	Symptoms of gum disease and when to see a dentist. Text only.

Need us? Call 01932 507650 or WhatsApp 07835 798 611 in opening hours, or email hello@lusso.dental. Out of hours, call **NHS 111**. If you have difficulty breathing or swallowing, heavy bleeding that will not stop, or swelling spreading to your eye or neck, call **999** or go to A&E.

LUSSO
DENTAL

Ready when you are

A purpose built private dental wellness clinic opposite West Byfleet station, led by Dr Kal. Implants, cosmetic dentistry, sedation and family care. Opening Q1 2027.

NEW PATIENT OFFER

£1,010 of care for £49

For the first 150 patients to register: a Dental Wellness Assessment with Dr Kal, an advanced 3D scan, Digital Smile Design, a 30 minute hygiene visit and a professional whitening kit with custom trays. £49 is paid when you book and covers your trays.

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lusso.dental/new-patient-offer · Offer terms apply

SCAN TO REGISTER

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EMAIL
hello@lusso.dental

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