CONSENT FORM · COSMETIC

Consent for Composite Bonding and Composite Veneers

Please read this form carefully. It explains the treatment we have recommended, its benefits, risks and alternatives, so you can make an informed decision. Take as long as you need and ask us anything. You may change your mind at any time before or during treatment.

PATIENT FULL NAME	DATE OF BIRTH	PATIENT NUMBER

TOOTH, TEETH OR AREA	TREATING CLINICIAN	DATE

SECTION 1

About your treatment

Composite bonding uses tooth coloured resin, shaped by hand, to improve the shape, size or colour of teeth. Composite veneers cover the whole front surface of a tooth with the same material.

Composite is a tooth coloured filling material that bonds to enamel. We build it up in thin layers and sculpt it to close small gaps, repair chips, even out edges, lengthen worn teeth or cover discolouration. Small additions to the edges are often called edge bonding. When the whole front of the tooth is covered, it is called a composite veneer.

In most cases little or no natural tooth needs to be removed, so treatment is usually reversible or can be added to later. Composite does wear, chip and pick up stains over time, so it needs regular polishing and occasional repair. Many people whiten first, because composite will not change colour once it is placed.

What happens

STEP	WHAT IT INVOLVES
1. Consultation and planning	We discuss your goals, check your teeth and gums, take photos and a 3D scan, and may suggest a digital smile design.
2. Whitening first if wanted	If you would like lighter teeth, we whiten first and wait at least two weeks for the colour to settle before bonding.
3. Trial smile	We can place a temporary mock up so you can see and feel the planned shape before any treatment.
4. Preparing the teeth	Teeth are cleaned and lightly roughened. Occasionally a small amount of enamel is smoothed to improve the result, which we will discuss first.
5. Building and sculpting	Composite is added in layers, shaped and hardened with a blue light.
6. Polishing and bite check	We polish the teeth to a natural shine and check that your bite feels comfortable.
7. Review	We see you again to check the result, polish any rough areas and make small adjustments.

SECTION 2

Expected benefits

- Usually little or no removal of natural tooth.
- Completed in one or two visits in most cases.
- Can be repaired or added to if it chips.
- Lower cost than porcelain veneers.
- Can be reversed or replaced in the future in most cases.

SECTION 3

Risks and possible complications

Every treatment carries some risk. These are the risks we believe are important for you to know about. Your dentist will explain any that apply particularly to you.

RISK	WHAT IT MEANS	HOW LIKELY
Chipping or breaking	Composite can chip, particularly on edges and if you grind or bite hard objects. This is common over the years and can usually be repaired.	Common
Staining and loss of shine	Composite picks up stains from tea, coffee, red wine and smoking and loses its polish. Regular hygiene visits and polishing help.	Common
Debonding	Bonding can come off the tooth, especially in the first weeks or after biting hard foods. It can usually be rebonded.	Uncommon
Sensitivity	Mild sensitivity to cold can occur for a few days afterwards and usually settles.	Uncommon
Bite or speech changes	Teeth may feel bulky or your speech may change slightly at first. Most people adapt within a week; we can adjust the shape if needed.	Uncommon
Gum irritation	Gums next to the bonding may be sore or inflamed if cleaning is difficult. Careful flossing and hygiene visits help prevent this.	Uncommon
Result differs from what you imagined	Composite is shaped by hand, so the final look may differ slightly from the plan. Results vary and no outcome is guaranteed, but adjustments can often be made.	Uncommon
Future maintenance	Composite usually needs repolishing, repairs and eventual replacement. Lifespan varies, often around five years or more with care. Future work carries additional costs.	Common

Common means it may affect more than 1 in 10 people. Uncommon means between 1 in 100 and 1 in 10. Rare means fewer than 1 in 100.

SECTION 4

Alternatives, including no treatment

- **No treatment**: your teeth stay as they are. If the concern is cosmetic, this carries no risk to your oral health, although chips or worn edges may slowly worsen.
- Teeth whitening alone, if colour is the main concern.
- Clear aligners to straighten teeth or close gaps, either alone or before bonding.
- Porcelain veneers, which are more stain resistant and longer lasting but usually need enamel to be removed.
- ICON resin infiltration for white spots, which treats marks without adding material.

SECTION 5

Costs

ITEM	GUIDE FEE
Cosmetic smile consultation	£150
Digital Smile Design	£150
Composite bonding or composite veneer per tooth	£495
Composite bonding package, six teeth (includes whitening and trays)	£3,000
Composite bonding package, eight teeth (includes whitening and trays)	£4,000
Composite bonding package, ten teeth (includes whitening and trays)	£5,000

YOUR ESTIMATED TOTAL (FROM YOUR WRITTEN PLAN) £	PLAN REFERENCE	ESTIMATE VALID UNTIL

Fees are confirmed in your written treatment plan. If anything changes during treatment that affects the cost, we will discuss it with you first.

SECTION 6

Anaesthetic and sedation

☐ Local anaesthetic ☐ No anaesthetic needed ☐ Inhalation sedation ☐ IV sedation

If sedation is planned you will also sign a separate sedation consent form and receive written sedation instructions.

SECTION 7

Your consent

Please initial each statement you agree with.

I understand that composite will not change colour after it is placed, and that any whitening should be done first.	☐
I understand that composite can chip, stain and come off, and may need repairs, polishing and replacement at extra cost.	☐
I understand that a small amount of enamel may occasionally be smoothed, and this has been discussed with me.	☐
I understand that the result is shaped by hand and may differ slightly from the plan or mock up.	☐
I understand that if I grind my teeth I may be advised to wear a night guard to protect the bonding.	☐
I understand that I need regular check ups and hygiene visits to maintain the bonding.	☐
I have been told about the alternatives, including no treatment, and the costs, and have had the chance to ask questions.	☐
I have read this form and the information leaflet, or had them read to me, and I understand them.	☐
I have had enough time to consider my options, and my questions have been answered to my satisfaction.	☐
I understand the alternatives, including no treatment, and the material risks that apply to me.	☐
I understand the costs set out in my written treatment plan.	☐
I understand that if something unexpected is found, my dentist will stop and discuss it with me unless stopping would put my health at risk.	☐
I understand I can withdraw my consent at any time, and that results vary and no outcome can be guaranteed.	☐
I agree to clinical photographs, scans and X-rays being taken for my dental records.	☐

SECTION 8

Signatures

Patient. I agree to the treatment described on this form.

PATIENT SIGNATURE | PRINT NAME | DATE

Parent or guardian (if the patient is under 16, or lacks capacity and you hold legal authority).

SIGNATURE | PRINT NAME | RELATIONSHIP TO PATIENT | DATE

Interpreter (if used). I have interpreted the information on this form to the best of my ability.

INTERPRETER SIGNATURE | PRINT NAME AND LANGUAGE | DATE

Clinician. I have explained the treatment, the intended benefits, the material risks, the reasonable alternatives including no treatment, and the costs. I have given the patient time and opportunity to ask questions, and I believe they understand.

CLINICIAN SIGNATURE	PRINT NAME	GDC NUMBER	DATE

CONFIRMATION ON THE DAY OF TREATMENT

If you signed this form at an earlier appointment, we will check with you on the day that nothing has changed and that you still wish to go ahead.

PATIENT SIGNATURE	CLINICIAN SIGNATURE	DATE	TIME

Questions or second thoughts? Call 01932 507650, WhatsApp 07835 798 611 or email hello@lusso.dental. A copy of this signed form is kept in your records and a copy is given to you.