LUSSO DENTAL

Implant Overdentures and Bars

Before and After Care

LUSSO DENTAL · WEST BYFLEET

54 Station Approach, West Byfleet, Surrey KT14 6NE · lusso.dental

IMPLANT OVERDENTURES AND BARS

Your care guide

An implant overdenture is a removable denture that clips onto two or more implants, using locator attachments or a bar. It is much more stable than a conventional denture and still comes out for cleaning.

> Please read this leaflet before your appointment and keep it for afterwards. If anything here is different from what your dentist has told you, follow your dentist's advice.

PREPARING

Before your appointment

- Tell us about any changes to your health and medicines, especially blood thinners and bone medicines.
- Do not stop any blood thinner unless your doctor or our team has agreed this with you.
- Stop smoking or vaping for as long as possible around surgery.
- Bring your current denture to every appointment.
- Stock up on soft foods and suitable pain relief.
- If you are having sedation, follow your sedation instructions and arrange an escort.

On the day

- We will check your medical history and consent and answer any questions.
- After surgery, we will adjust and soften your denture so you can wear it while you heal, if appropriate.
- You will be given written aftercare instructions and an emergency contact number.

RECOVERY TIMELINE

After your treatment

WHEN	WHAT TO EXPECT AND DO
First 24 hours	Expect some swelling and tenderness. Keep the denture in for the first night only if we advise it, to help control swelling.
Days 2 to 7	Take the denture out after meals and at night, rinse gently with warm salt water and keep to soft food.
Weeks 2 to 12	The implants are healing. Wear the adjusted denture as advised and attend reviews for any sore spots.
Denture connected	Practise putting the denture in and taking it out as shown. Do not bite it into place.
Ongoing	Clean the denture and attachments daily. Expect insert or clip replacement and occasional relines.

Please do

- Take your denture out every night and clean it, unless advised otherwise.
- Brush around each implant or under the bar with a soft brush and interdental brush.
- Line up the denture carefully and press it into place with your fingers.
- Keep the denture in water or a denture soak when it is out.
- Attend regular reviews so we can check the attachments and fit.

Please avoid

- Do not bite the denture into place, as this damages the inserts.
- Do not use hot water, bleach or abrasive toothpaste on the denture.
- Do not smoke or vape.
- Do not try to adjust or repair the denture or attachments yourself.

WARNING SIGNS

When to contact us

- Contact us if the denture becomes loose, rocks or no longer clicks into place.
- Contact us if an implant or abutment feels loose or the gum around it is sore, swollen or bleeding.
- Contact us if you have a sore spot that does not settle after a few days.
- Contact us if the denture cracks or a clip comes out.
- After surgery, call 999 or go to A&E if you have difficulty breathing or swallowing. Out of hours, call NHS 111.

Need us? Call 01932 507650 or WhatsApp 07835 798 611 in opening hours, or email hello@lusso.dental. Out of hours, call **NHS 111**. If you have difficulty breathing or swallowing, heavy bleeding that will not stop, or swelling spreading to your eye or neck, call **999** or go to A&E.

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Ready when you are

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SCAN TO REGISTER

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hello@lusso.dental

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