LUSSO DENTAL

Dentures

Before and After Care

LUSSO DENTAL · WEST BYFLEET

54 Station Approach, West Byfleet, Surrey KT14 6NE · lusso.dental

DENTURES

Your care guide

Dentures are removable replacements for missing teeth. They can replace a few teeth (partial dentures) or all the teeth in an arch (full dentures).

> Please read this leaflet before your appointment and keep it for afterwards. If anything here is different from what your dentist has told you, follow your dentist's advice.

PREPARING

Before your appointment

- Tell us about any changes to your health or medicines.
- If you have an old denture, bring it with you.
- Bring photos of your smile from before you lost teeth if you have them.
- Allow time for several appointments over a few weeks.
- If teeth need removing first, read your extraction aftercare leaflet.

On the day

- At fitting, we check the denture fits well and your bite is even.
- We show you how to put it in, take it out and clean it.
- Practise in front of a mirror until you feel confident.
- We will book a review within one to two weeks.

RECOVERY TIMELINE

After your treatment

WHEN	WHAT TO EXPECT AND DO
First 24 hours	With an immediate denture, keep it in for the first 24 hours unless told otherwise. It acts like a bandage.
First week	Start with soft foods cut into small pieces, chewing on both sides. Speech may sound different; reading aloud helps.
Weeks 1 to 4	Sore spots are common. Do not adjust the denture yourself. We will ease it at your review.
First 3 to 6 months	With immediate dentures, the gums shrink and the denture may loosen. A reline is usually needed.
Long term	Clean daily and have regular check ups, even with a full denture, to check your gums and screen for mouth cancer.

Please do

- Clean your dentures daily with a soft brush and denture cleaner, over a bowl of water or a towel.
- Take your dentures out at night unless advised otherwise, and keep them in water or a cleaning solution.
- Brush your remaining teeth, gums and tongue twice a day.
- Attend your review appointments for adjustments.
- Have regular check ups to check fit and gum health.

Please avoid

- Do not use hot water, bleach or toothpaste with abrasives on dentures.
- Do not try to adjust or repair dentures yourself.
- Do not wear dentures overnight unless advised.
- Do not ignore a sore spot that does not heal within two weeks.

WARNING SIGNS

When to contact us

- Contact us if you have a sore spot that is painful or does not improve.
- Contact us if your denture cracks, breaks or a tooth comes off.
- Contact us if your denture becomes very loose.
- Contact us if you have an ulcer or red or white patch in your mouth lasting more than three weeks.

Need us? Call 01932 507650 or WhatsApp 07835 798 611 in opening hours, or email hello@lusso.dental. Out of hours, call **NHS 111**. If you have difficulty breathing or swallowing, heavy bleeding that will not stop, or swelling spreading to your eye or neck, call **999** or go to A&E.

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Ready when you are

A purpose built private dental wellness clinic opposite West Byfleet station, led by Dr Kal. Implants, cosmetic dentistry, sedation and family care. Opening Q1 2027.

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SCAN TO REGISTER

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07835 798 611

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hello@lusso.dental

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