LUSSO DENTAL

Bridges

Before and After Care

LUSSO DENTAL · WEST BYFLEET

54 Station Approach, West Byfleet, Surrey KT14 6NE · lusso.dental

BRIDGES

Your care guide

A bridge is a fixed way to replace one or more missing teeth by attaching a false tooth to the teeth next to the gap. It can be conventional or resin bonded.

> Please read this leaflet before your appointment and keep it for afterwards. If anything here is different from what your dentist has told you, follow your dentist's advice.

PREPARING

Before your appointment

- Tell us about any changes to your health or medicines.
- Eat beforehand, as you may be numb for a few hours.
- Tell us if you grind or clench your teeth.
- Tell us what matters to you about appearance so we can plan the shade and shape.
- Allow 60 to 90 minutes for the preparation appointment.

On the day

- We will numb the area and shape the supporting teeth if needed.
- We take a digital scan and choose the shade with you.
- For a conventional bridge, you will leave with a temporary bridge.
- At fitting, we check fit and appearance with you before fixing it in place.

RECOVERY TIMELINE

After your treatment

WHEN	WHAT TO EXPECT AND DO
First few hours	Avoid hot drinks and chewing until the numbness wears off.
With a temporary	Avoid sticky and hard foods. Clean gently around it.
First week after fitting	Some sensitivity is normal. Contact us if your bite feels high.
Long term	Clean under the false tooth daily with superfloss or interdental brushes and attend check ups and hygiene visits.

Please do

- Brush twice daily with fluoride toothpaste.
- Clean under the false tooth every day with superfloss, a floss threader or interdental brushes.
- Wear a night guard if advised.
- Attend regular check ups and hygiene appointments.

Please avoid

- Do not bite into very hard foods with a resin bonded bridge, such as whole apples, crusty bread or bones.
- Do not use your teeth as tools.
- Do not eat sticky foods with a temporary bridge.
- Do not ignore a bridge that feels loose, as decay can develop underneath.

WARNING SIGNS

When to contact us

- Contact us if your bridge feels loose or comes off. Keep it safe and bring it with you.
- Contact us if your bite feels high after fitting.
- Contact us if you have pain, swelling or bleeding gums around the bridge.
- Contact us if the bridge chips or cracks.

Need us? Call 01932 507650 or WhatsApp 07835 798 611 in opening hours, or email hello@lusso.dental. Out of hours, call **NHS 111**. If you have difficulty breathing or swallowing, heavy bleeding that will not stop, or swelling spreading to your eye or neck, call **999** or go to A&E.

LUSSO
DENTAL

Ready when you are

A purpose built private dental wellness clinic opposite West Byfleet station, led by Dr Kal. Implants, cosmetic dentistry, sedation and family care. Opening Q1 2027.

NEW PATIENT OFFER

£1,010 of care for £49

For the first 150 patients to register: a Dental Wellness Assessment with Dr Kal, an advanced 3D scan, Digital Smile Design, a 30 minute hygiene visit and a professional whitening kit with custom trays. £49 is paid when you book and covers your trays.

REGISTER MY INTEREST

lusso.dental/new-patient-offer · Offer terms apply

SCAN TO REGISTER

CALL
01932 507650

WHATSAPP
07835 798 611

EMAIL
hello@lusso.dental

54 Station Approach, West Byfleet, Surrey KT14 6NE · opposite the station

LUSSO.DENTAL · @LUSSODENTAL

This guide is general information and does not replace a personal consultation. Guide prices correct at October 2026 and confirmed in writing at consultation. Results vary between patients and no outcome is guaranteed. LUSSO Dental is a trading name of Lusso Dental WBF Limited, registered in England and Wales, company number 17272763. Principal dentist Dr Kalpesh Prajapat, BDS MFDS RCS(Ed) DipClinDent, GDC No. 264109. Registration with the Care Quality Commission is in progress.