LUSSO DENTAL

Crowns, Onlays and Posts

Before and After Care

LUSSO DENTAL · WEST BYFLEET

54 Station Approach, West Byfleet, Surrey KT14 6NE · lusso.dental

CROWNS, ONLAYS AND POSTS

Your care guide

Crowns and onlays are custom made restorations that cover and protect weak or heavily filled teeth. A post may be placed inside a root treated tooth to help hold a core and crown.

> Please read this leaflet before your appointment and keep it for afterwards. If anything here is different from what your dentist has told you, follow your dentist's advice.

PREPARING

Before your appointment

- Tell us about any changes to your health or medicines.
- Eat beforehand, as you may be numb for a few hours.
- If appearance matters to you, bring photos or tell us your wishes for shade and shape.
- Tell us if you grind or clench your teeth.
- Allow 60 to 90 minutes for the preparation appointment.

On the day

- We will numb the tooth and use a digital scanner, so no impression trays are usually needed.
- We will choose the shade together in natural light.
- You will leave with a temporary restoration.
- At the fitting visit, we check fit and appearance with you before bonding it in place.

RECOVERY TIMELINE

After your treatment

WHEN	WHAT TO EXPECT AND DO
First few hours	Avoid hot drinks and chewing until the numbness wears off.
With a temporary	Chew on the other side. Avoid sticky and hard foods. Slide floss out sideways rather than pulling up.
First week after fitting	Mild sensitivity is common and usually settles. Contact us if your bite feels high.
Long term	Clean around the crown or onlay carefully, including between the teeth, and attend your check ups and hygiene visits.

Please do

- Brush twice a day with fluoride toothpaste.
- Clean between your teeth daily with floss or interdental brushes.
- Wear a night guard if we advise it.
- Attend regular check ups and hygiene appointments.

Please avoid

- Do not bite on very hard things such as ice, pens or bones.
- Do not use your teeth to open packets or bottles.
- Do not eat sticky foods on a temporary crown.
- Do not ignore a crown that feels loose or high.

WARNING SIGNS

When to contact us

- Contact us if your temporary or permanent crown comes off. Keep it safe and bring it with you.
- Contact us if your bite feels high or uneven after fitting.
- Contact us if you have ongoing pain, throbbing or swelling around the tooth.
- Contact us if the crown or onlay chips or cracks.

Need us? Call 01932 507650 or WhatsApp 07835 798 611 in opening hours, or email hello@lusso.dental. Out of hours, call **NHS 111**. If you have difficulty breathing or swallowing, heavy bleeding that will not stop, or swelling spreading to your eye or neck, call **999** or go to A&E.

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Ready when you are

A purpose built private dental wellness clinic opposite West Byfleet station, led by Dr Kal. Implants, cosmetic dentistry, sedation and family care. Opening Q1 2027.

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REGISTER MY INTEREST

lusso.dental/new-patient-offer · Offer terms apply

SCAN TO REGISTER

CALL
01932 507650

WHATSAPP
07835 798 611

EMAIL
hello@lusso.dental

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