LUSSO DENTAL

Teeth Alignment

Treatment Guide

LUSSO DENTAL · WEST BYFLEET

54 Station Approach, West Byfleet, Surrey KT14 6NE · lusso.dental

TEETH ALIGNMENT

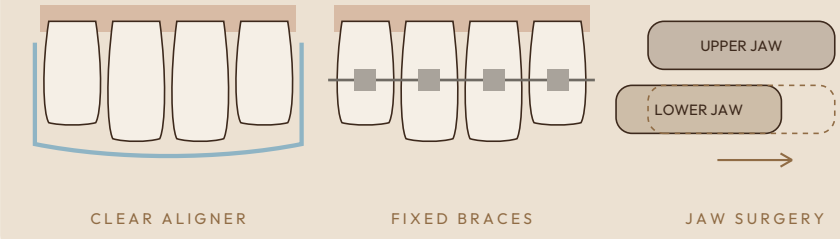
Straighter teeth, the right way for you

Straight teeth are easier to clean, wear more evenly and can transform your confidence. There are three main ways to correct the position of teeth and jaws. This guide explains each, so you can understand which might suit you.





CLEAR ALIGNERS ARE NEAR INVISIBLE AND REMOVABLE



THREE WAYS TO CORRECT TEETH AND JAWS

COMPARING YOUR OPTIONS

The three approaches

	CLEAR ALIGNERS	FIXED BRACES	ORTHOGNATHIC SURGERY
What it is	A series of clear removable trays	Brackets bonded to teeth, linked by a wire	Jaw surgery combined with braces
Best for	Mild to moderate crowding, gaps, relapse after braces	Complex tooth movements and bite correction	Jaw size or position problems teeth alone cannot fix
Visibility	Near invisible	Visible, or tooth coloured brackets	Braces before and after surgery
Typical time	About 6 months, from 8 weeks for simple cases	Usually 18 to 24 months	Usually 2 to 3 years in total
Eating and cleaning	Remove to eat and brush	Food restrictions, harder to clean	As braces, plus recovery
At LUSSO	Provided by Dr Kal	Referral to a specialist orthodontist	Referral to orthodontic and maxillofacial teams

OPTION ONE

Clear aligners

Clear aligners are a series of near invisible, removable trays, each slightly different from the last, made from a 3D scan of your teeth. You wear them for 20 to 22 hours a day and take them out to eat, drink anything other than water, and clean. Small tooth coloured attachments may be bonded to some teeth to help them move.

- Treats crowding, gaps, teeth that have moved since braces, and many bite problems
- Your digital plan shows the expected result, number of aligners and timeline before you commit
- Remote monitoring with your phone means only one or two review visits for most patients
- Often finished with whitening and edge bonding for a complete smile



CROWDING CORRECTED WITH CLEAR ALIGNERS. RESULTS VARY

OPTION TWO

Fixed braces

Fixed braces use small brackets bonded to the teeth, connected by a wire that is adjusted every few weeks. They give the orthodontist precise control and suit more complex movements, such as rotating teeth, closing extraction spaces and correcting significant bite problems. Brackets can be metal or tooth coloured ceramic. Where fixed braces are the better option for you, we will refer you to a specialist orthodontist we trust.

OPTION THREE

Orthognathic surgery

Sometimes the teeth are crooked because the jaws themselves are out of proportion, for example a lower jaw that sits too far forward or back, or an open bite that cannot be closed by moving teeth alone. Orthognathic surgery repositions the jaws to correct the bite and facial balance.

- Braces are worn before surgery to line the teeth up, and for a period after to fine tune the bite.
- Surgery is carried out in hospital under general anaesthetic by a consultant maxillofacial surgeon.
- Recovery takes several weeks, with swelling and a soft diet.
- We can identify when a jaw problem may be present and refer you to an orthodontist and maxillofacial team for assessment.

FOR EVERY OPTION

Retainers keep your result

Teeth naturally try to move back. Whichever method you choose, retainers are essential. Removable retainers are usually worn full time for a few months, then every night for life. A thin fixed wire behind the front teeth may also be used.

BEFORE AND AFTER

Aligner cases





LEFT: DEEP BITE AND CROWDING AFTER 12 MONTHS. RIGHT: CROWDING CORRECTED. RESULTS VARY





LEFT: ALIGNERS, WHITENING AND BONDING. RIGHT: LOWER CROWDING FROM ABOVE

PREPARING

Before you start

- Any decay or gum disease is treated first.
- A hygiene visit before your aligners are fitted gives the cleanest start.
- Plan where you will keep your aligner case at work and at home.

WHAT TO EXPECT

During and after treatment

WHEN	WHAT TO EXPECT AND DO
First 2 days	Teeth feel tight and a little tender. Speech may lisp slightly.
Each new aligner	Pressure for a day or two shows the aligner is working.
Every day	Wear for 20 to 22 hours. Brush before putting aligners back in. Only drink water with them in.
End of treatment	Retainers are fitted. Full time for a few months, then every night for life.

GUIDE FEES

What it costs

TREATMENT	GUIDE FEE
Clear aligners, single arch or shorter treatment	from £2,500
Clear aligners, comprehensive, both arches	from £5,000
Refinements and retainers	from £150
Digital Smile Design	£150

Guide prices. Your exact plan and fees are confirmed in writing at your consultation, and nothing starts until you have agreed to it.

Fixed braces and orthognathic surgery are provided by the specialist teams we refer you to, who will quote their own fees.

FREQUENTLY ASKED QUESTIONS

Your questions answered

Will aligners work for me?

Most common alignment problems can be treated with aligners, subject to assessment. Your digital plan shows what is achievable before you commit.

Do aligners hurt?

Mild pressure for a day or two after each new aligner is normal. Fitting attachments involves no injections.

Why would I be referred for braces?

Some movements are more predictable with fixed braces, such as large rotations or closing extraction spaces. We will always recommend what gives you the best result.

How do I know if I need jaw surgery?

Signs include a lower jaw that sits well forward or back, teeth that do not meet at the front, or difficulty biting and chewing. Your assessment and X-rays will show whether a referral is worthwhile.

How soon can I start aligners?

Usually around three weeks after your consultation, once any decay or gum problems have been treated.

Can I drink with aligners in?

Plain water only. Take them out for anything else to avoid staining and decay.

What happens if I lose an aligner?

Contact us. Usually you move on to the next aligner or we order a replacement.

TRUSTED SOURCES

Further information

If you would like to read more before your appointment, these independent sources are a good place to start.

British Orthodontic Society: Clear aligners	Aligners, suitability and why retainers matter.
British Orthodontic Society: Brace types	Fixed, ceramic and lingual braces compared with aligners.
British Orthodontic Society: Your jaw surgery	Orthognathic surgery explained, with patient stories.
NHS: Braces	What braces treat and how to care for them.
LUSSO: Clear aligners	Our aligner page and fees.

BOOK IN

Book your consultation

Ready to talk it through? Choose whichever way suits you. A member of our team will reply quickly, and your first visit can simply be a conversation.

Register My Interest	Join the New Patient Offer: £1,010 of care for £49 for the first 150 patients.
WhatsApp 07835 798 611	Message us any time and we will reply in working hours.
Call 01932 507650	Speak to our team about appointments and fees.
Email hello@lusso.dental	Send us your questions or photographs.
Find us	54 Station Approach, West Byfleet KT14 6NE, opposite the station, with parking nearby.
Read more online	This treatment on our website, with photographs and the latest information.
Fee guide	Every guide price, published in full.

YOUR DENTIST

Dr Kal



DR KALPESH PRAJAPAT, FOUNDER AND CLINICAL DIRECTOR

Dr Kalpesh Prajapat (Dr Kal) is an award winning implant and cosmetic dentist with over ten years of experience, and an Honorary Clinical Lecturer on the implantology course at Brighton and Sussex Medical School. He is a qualified sedation dentist with a certificate in dental phobia, and has been featured on ITV, and in The Sun, Metro and Asiana.

Winner, Young Aesthetic Dentist North, Clinical Dentistry Awards 2023. **Highly Commended**, Private Dentistry Awards 2019.

BDS · MFDS RCS(Ed) · DipClinDent · GDC No. 264109

Why patients choose LUSSO

- A 100 point Dental Wellness Assessment and a digital dental passport you keep
- Every plan designed and signed off by Dr Kal, with published fees and a written plan
- 3D scanning, CBCT imaging and Digital Smile Design
- Sedation for nervous patients, and early, evening and Saturday appointments

LUSSO
DENTAL

Ready when you are

A purpose built private dental wellness clinic opposite West Byfleet station, led by Dr Kal. Implants, cosmetic dentistry, sedation and family care. Opening Q1 2027.

NEW PATIENT OFFER

£1,010 of care for £49

For the first 150 patients to register: a Dental Wellness Assessment with Dr Kal, an advanced 3D scan, Digital Smile Design, a 30 minute hygiene visit and a professional whitening kit with custom trays. £49 is paid when you book and covers your trays.

REGISTER MY INTEREST

lusso.dental/new-patient-offer · Offer terms apply

SCAN TO REGISTER

CALL
01932 507650

WHATSAPP
07835 798 611

EMAIL
hello@lusso.dental

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