LUSSO DENTAL

Extractions and Wisdom Teeth

Treatment Guide

LUSSO DENTAL · WEST BYFLEET

54 Station Approach, West Byfleet, Surrey KT14 6NE · lusso.dental

EXTRACTIONS

Gentle, careful tooth removal

We always try to save teeth, but sometimes removing a tooth is the healthiest choice. When it is, we make the experience as calm and comfortable as possible, and plan what happens to the gap before we begin.

Planned carefully, carried out gently, with sedation available.

Simple extractions, surgical removals and wisdom teeth, all assessed with X-rays first.

How a wisdom tooth (right) can sit against the tooth in front



COMMON POSITIONS OF LOWER WISDOM TEETH

Why a tooth may need to come out

- Decay or a fracture too large to repair
- Severe gum disease that has loosened the tooth
- Infection that cannot be treated with root canal treatment
- Wisdom teeth causing repeated problems
- Making space for orthodontic treatment
- Preparing for dentures or implants

TYPES OF EXTRACTION

Simple and surgical extractions

TYPE	WHAT IT INVOLVES
Simple extraction	A tooth that can be seen in the mouth is gently loosened and removed under local anaesthetic.
Surgical extraction	Used for broken down teeth, curved roots or teeth below the gum. A small flap of gum is lifted and the tooth may be divided into sections. Dissolvable stitches are usually placed.
Wisdom tooth removal	Often surgical, especially for lower wisdom teeth that are impacted against the tooth in front.

WISDOM TEETH

Wisdom teeth

Wisdom teeth usually appear between the ages of 17 and 25. Many come through without problems and do not need to be removed. Following national guidance, we only recommend removal when there is a clear reason.

Reasons to remove

- Repeated infections of the gum around the tooth
- Decay in the wisdom tooth or the tooth in front
- Cysts or damage to nearby teeth
- Gum disease at the back of the mouth

Reasons to leave

- Fully erupted and healthy
- Buried deep with no symptoms
- Risks of surgery outweigh the benefits

For lower wisdom teeth that sit close to the nerve, we may take a 3D CBCT scan. Very complex cases may be referred to an oral surgeon or maxillofacial team.

ON THE DAY

How it works

01 **Assessment**
Examination and X-rays, with your options and the risks explained and agreed in writing.

02 **Numbing**
Numbing gel, then local anaesthetic. You will feel pressure, but not sharp pain. Sedation is available.

03 **Removal**
The tooth is gently loosened and removed. Surgical cases may need stitches.

04 **Recovery**
You bite on gauze to form a clot, and we go through your aftercare before you leave.

THE FIRST FEW DAYS

Aftercare

- Bite firmly on gauze for 30 minutes. If bleeding continues, bite on a fresh damp gauze or tea bag for another 30 minutes.
- Do not rinse, spit or drink through a straw for 24 hours, so the clot stays in place.
- Avoid smoking and vaping for at least 72 hours. They greatly increase the risk of a painful dry socket.
- Avoid alcohol, hot drinks and strenuous exercise for 24 hours.
- From the next day, rinse gently with warm salt water after meals for a week.
- Eat soft foods on the other side and keep brushing your other teeth carefully.
- Swelling and stiffness peak around day two or three and then settle.

> **Contact us** if bleeding will not stop, pain increases after day three, swelling is getting worse, or you have a temperature or numbness that has not worn off.

Risks we will discuss

These include bleeding, swelling, infection, dry socket and, for lower wisdom teeth, a small risk of temporary or rarely permanent numbness of the lip, chin or tongue. Your own risks are explained at your assessment.

Replacing the gap

Where a tooth is removed from your smile or chewing area, we will talk about replacing it with an implant, bridge or denture. Sometimes an implant can be placed at the same visit.

PREPARING

Before your extraction

- Eat a light meal beforehand, unless you are having sedation and have been told otherwise.
- Tell us about blood thinners or any bleeding problems. Do not stop them without our advice.
- Arrange an escort if you are having IV sedation.
- Have soft foods, gauze and simple painkillers ready at home.

WHAT TO EXPECT

Recovery timeline

WHEN	WHAT TO EXPECT AND DO
First 24 hours	Bite on gauze, rest, no rinsing, no straws and no smoking. Cold compress for swelling.
Days 2 to 3	Swelling and stiffness peak. Start warm salt water rinses after meals.
Days 4 to 7	Discomfort should be improving. Increasing pain may mean dry socket. Call us.
1 to 2 weeks	Stitches dissolve. The gum closes over the socket.
3 months	Bone fills the socket. The best time to place an implant if planned.

GUIDE FEES

What it costs

TREATMENT	GUIDE FEE
Simple extraction	£195
Surgical extraction	£395
Wisdom tooth, surgical	£450
Panoramic radiograph (OPG)	£95
CBCT 3D scan, where needed	£250
IV sedation	£350 per hour

Guide prices. Your exact plan and fees are confirmed in writing at your consultation, and nothing starts until you have agreed to it.

FREQUENTLY ASKED QUESTIONS

Your questions answered

Will it hurt?

You will feel pressure and movement but should not feel pain once numb. Soreness afterwards is managed with simple painkillers.

How long does recovery take?

Most simple extractions settle within a few days. Wisdom tooth removal usually takes a week or so.

What is a dry socket?

When the blood clot is lost from the socket, exposing the bone. It causes increasing pain a few days later. Not smoking and not rinsing for 24 hours greatly reduce the risk. We can dress the socket to ease it.

Can I be sedated?

Yes. IV sedation is often used for wisdom teeth and for nervous patients. You will need an escort home.

Can I go back to work?

Many people return the next day after a simple extraction. After wisdom tooth surgery, plan a day or two of rest.

Do I need stitches?

Simple extractions usually do not. Surgical extractions often have dissolvable stitches that fall out in one to two weeks.

Can I smoke after an extraction?

Please do not smoke or vape for at least 72 hours. It is the biggest cause of dry socket.

TRUSTED SOURCES

Further information

If you would like to read more before your appointment, these independent sources are a good place to start.

NHS: Wisdom tooth removal	Why wisdom teeth are removed, the procedure and recovery.
NICE: Extraction of wisdom teeth	National guidance on when wisdom teeth should be removed.
BAOMS: Removal of impacted wisdom teeth	Options, risks, anaesthetic choices and recovery.

BOOK IN

Book your consultation

Ready to talk it through? Choose whichever way suits you. A member of our team will reply quickly, and your first visit can simply be a conversation.

Register My Interest	Join the New Patient Offer: £1,010 of care for £49 for the first 150 patients.
WhatsApp 07835 798 611	Message us any time and we will reply in working hours.
Call 01932 507650	Speak to our team about appointments and fees.
Email hello@lusso.dental	Send us your questions or photographs.
Find us	54 Station Approach, West Byfleet KT14 6NE, opposite the station, with parking nearby.
Read more online	This treatment on our website, with photographs and the latest information.
Fee guide	Every guide price, published in full.

YOUR DENTIST

Dr Kal



DR KALPESH PRAJAPAT, FOUNDER AND CLINICAL DIRECTOR

Dr Kalpesh Prajapat (Dr Kal) is an award winning implant and cosmetic dentist with over ten years of experience, and an Honorary Clinical Lecturer on the implantology course at Brighton and Sussex Medical School. He is a qualified sedation dentist with a certificate in dental phobia, and has been featured on ITV, and in The Sun, Metro and Asiana.

Winner, Young Aesthetic Dentist North, Clinical Dentistry Awards 2023. **Highly Commended**, Private Dentistry Awards 2019.

BDS · MFDS RCS(Ed) · DipClinDent · GDC No. 264109

Why patients choose LUSSO

- A 100 point Dental Wellness Assessment and a digital dental passport you keep
- Every plan designed and signed off by Dr Kal, with published fees and a written plan
- 3D scanning, CBCT imaging and Digital Smile Design
- Sedation for nervous patients, and early, evening and Saturday appointments

LUSSO
DENTAL

Ready when you are

A purpose built private dental wellness clinic opposite West Byfleet station, led by Dr Kal. Implants, cosmetic dentistry, sedation and family care. Opening Q1 2027.

NEW PATIENT OFFER

£1,010 of care for £49

For the first 150 patients to register: a Dental Wellness Assessment with Dr Kal, an advanced 3D scan, Digital Smile Design, a 30 minute hygiene visit and a professional whitening kit with custom trays. £49 is paid when you book and covers your trays.

REGISTER MY INTEREST

lusso.dental/new-patient-offer · Offer terms apply

SCAN TO REGISTER

CALL
01932 507650

WHATSAPP
07835 798 611

EMAIL
hello@lusso.dental

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