LUSSO DENTAL

# Dental Implants

## Treatment Guide

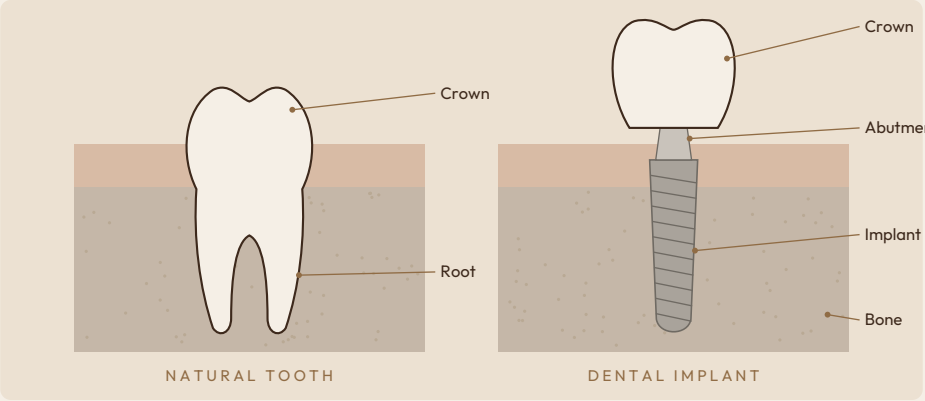
LUSSO DENTAL · WEST BYFLEET

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DENTAL IMPLANTS

# A fixed, natural feeling way to replace missing teeth

A dental implant is a small titanium post placed in the jawbone to replace the root of a missing tooth. Once it has bonded with the bone, it supports a crown, a bridge or a full arch of teeth that look, feel and work like your own.




A NATURAL TOOTH COMPARED WITH A DENTAL IMPLANT

### The three parts of an implant

- **The implant:** a titanium post that sits in the jawbone and acts as the new root. Titanium is used because bone grows onto it, a process called osseointegration.
- **The abutment:** a connector that joins the implant to the tooth above the gum.
- **The crown, bridge or denture:** the teeth you see, handmade to match your smile.

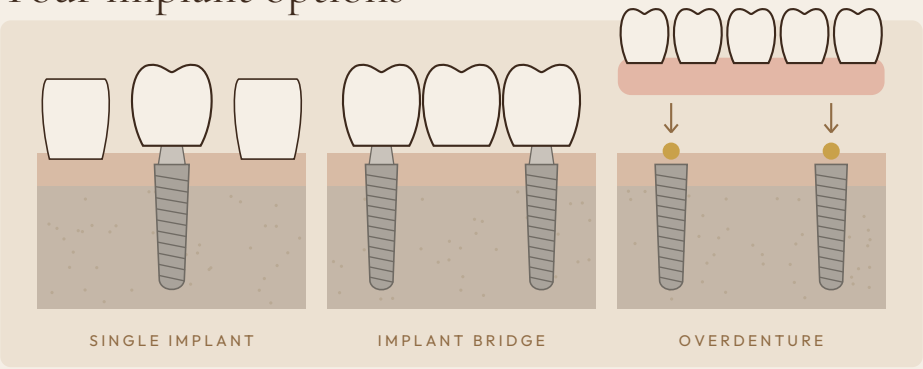
### Who implants can help

- Missing teeth from injury or trauma
- Teeth lost to decay or gum disease
- Teeth that never developed
- Failed root canal treatment or failing crowns
- Loose or uncomfortable dentures

Every implant at LUSSO is planned by Dr Kal on a 3D CBCT scan, so we can see your bone, nerves and sinuses before we begin. Implant positions are designed around your final teeth, and a 3D printed surgical guide can be made so placement matches the plan.

FROM ONE TOOTH TO A FULL ARCH

# Your implant options




THREE COMMON WAYS IMPLANTS REPLACE TEETH

## Single implant

One implant and one crown replace one missing tooth, without cutting down the neighbouring teeth as a bridge would. A temporary tooth covers a visible gap while you heal. Where a tooth is being removed and the socket is healthy, the implant can sometimes be placed on the same day.







SINGLE IMPLANT CASES BY DR KAL, BEFORE (TOP) AND AFTER (BOTTOM). RESULTS VARY

## Multiple implants

Where several teeth are missing in different places, each gap can have its own implant and crown. Every tooth stays independent, which keeps cleaning simple and leaves your natural teeth untouched.




LEFT: TWO PREMOLAR IMPLANTS. RIGHT: A SINGLE BACK TOOTH IMPLANT. RESULTS VARY

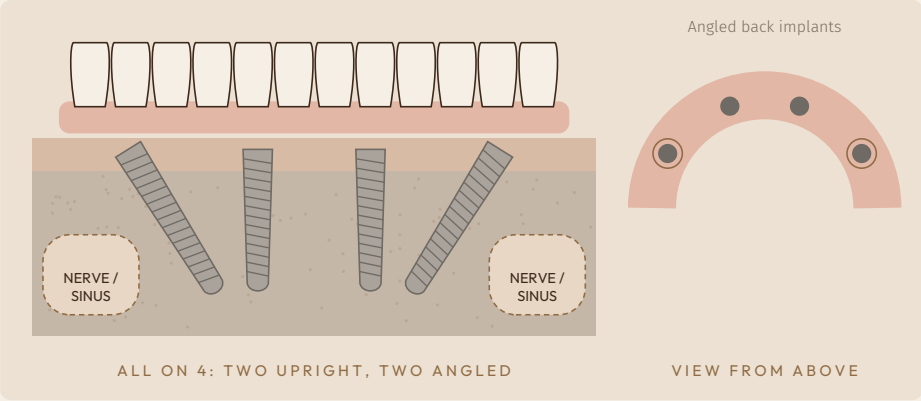
### Implant bridges

Where three or more teeth are missing in a row, two implants can support a bridge of three or four teeth. You need fewer implants than teeth, which reduces surgery and cost while still giving you fixed teeth.

A FULL ARCH ON FOUR IMPLANTS

# All on 4 dental implants

All on 4 replaces a full arch of missing or failing teeth with a fixed bridge held on four implants. Most patients leave on the day of surgery with fixed temporary teeth.




TWO UPRIGHT FRONT IMPLANTS AND TWO ANGLED BACK IMPLANTS

The two front implants are placed upright. The two back implants are angled at up to around 45 degrees, so they can be longer, use the strongest bone and avoid the nerve in the lower jaw and the sinus in the upper jaw. This often removes the need for bone grafting, which shortens treatment.

### How All on 4 works

01 **Assessment and imaging**
Examination, CBCT scan, digital scan and photographs to check your bone and plan the implant positions.

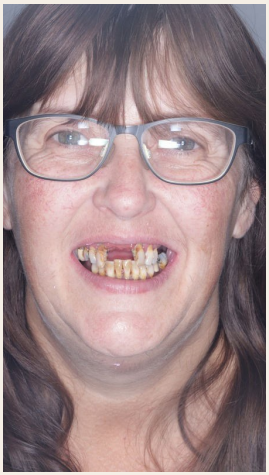
02 **Smile design**
Your new arch is designed digitally, so you can preview the shape and length of your new teeth.

03 **Surgery day**
Remaining failing teeth are removed, the four implants are placed and the gum is closed, usually under IV sedation.

04 **Same day teeth**
A fixed temporary bridge is attached to the implants, usually within the same day, so you are never without teeth.

05 **Healing**
Three to six months while the implants bond with the bone. You eat a soft diet at first and attend reviews.

06 **Final bridge**
Your definitive bridge, often on a strong milled framework, is made, tried in and fitted.





FULL ARCH IMPLANT CASE BY DR KAL: BEFORE AND AFTER. RESULTS VARY



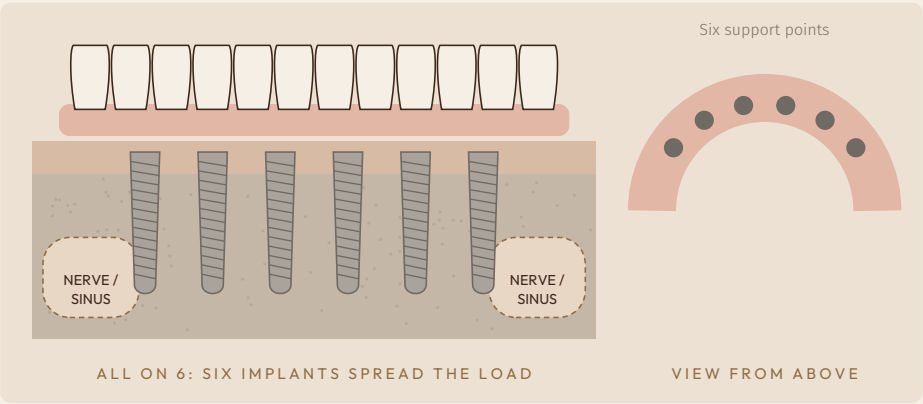


CLOSE UP BEFORE AND AFTER

A FULL ARCH ON SIX IMPLANTS

# All on 6 dental implants

All on 6 works in the same way as All on 4, but six implants support the bridge instead of four.




ALL ON 6: SIX IMPLANTS SPREAD THE LOAD

VIEW FROM ABOVE

SIX IMPLANTS SPREAD THE FORCES OF YOUR BITE

The extra implants spread the load and give more support further back in the mouth. All on 6 can suit the upper jaw, where the bone is often softer, patients with a strong bite or who grind, and people with enough bone for six implants without grafting.

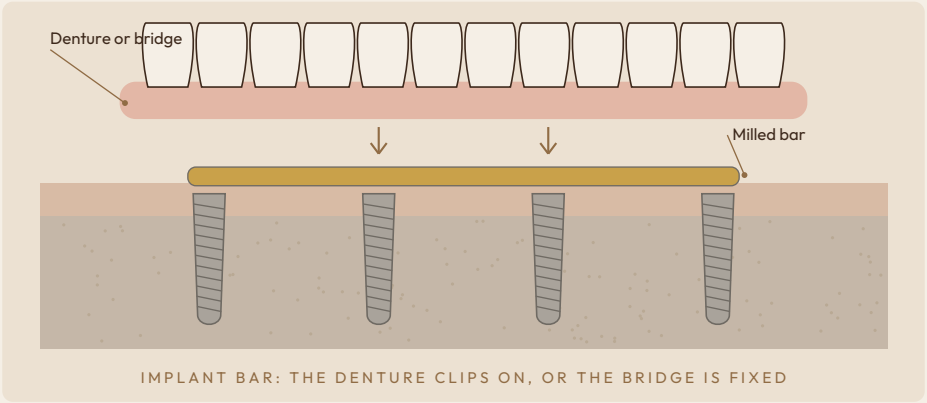
| | ALL ON 4 | ALL ON 6 |
|---|---|---|
| **Implants per arch** | Four | Six |
| **Back implants** | Angled to avoid nerve and sinus | Usually upright |
| **Bone needed** | Less, grafting often avoided | More, or grafting may be needed |
| **Support** | Excellent for most patients | Extra support for strong bites and the upper jaw |
| **Same day teeth** | Usually | Usually |
| **Guide fee per arch** | from £14,500 | Quoted after your scan |

**Which is right for you?** Dr Kal will recommend four or six implants once he has seen your CBCT scan. The aim is always the fewest implants that give you a strong, long lasting result.

REMOVABLE OPTIONS

# Overdentures and implant bars

An implant overdenture clips onto two to four implants using small attachments. It stays firmly in place when you eat and speak, then unclips for cleaning. Overdentures are an excellent upgrade for loose lower dentures and cost less than fixed full arch teeth.




IMPLANT BAR: THE DENTURE CLIPS ON, OR THE BRIDGE IS FIXED

IMPLANTS JOINED BY A PRECISION MILLED BAR

With an implant bar, the implants are joined by a precision milled bar. A denture can clip onto the bar for extra stability, or the bar can form the strong framework inside a fixed bridge. Joining the implants spreads the forces of your bite evenly.

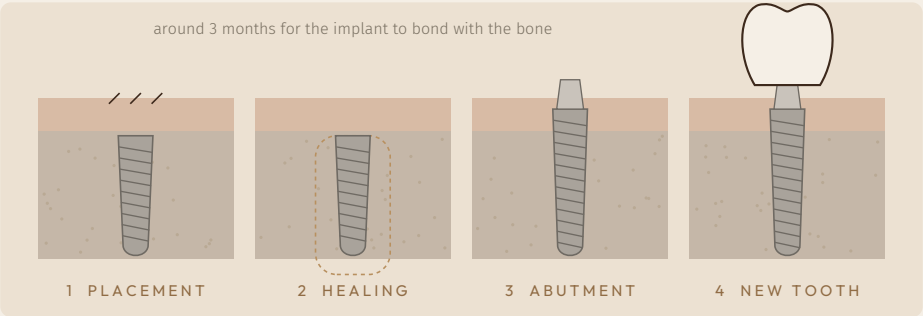


LEFT: A FULL ARCH BRIDGE ON ITS FRAMEWORK. RIGHT: THE FITTED ARCH FROM ABOVE

| OPTION | FIXED OR REMOVABLE | TYPICAL USE |
|---|---|---|
| **Single implant** | Fixed | One missing tooth |
| **Multiple implants** | Fixed | Several separate gaps |
| **Implant bridge** | Fixed | Three or four teeth in a row |
| **All on 4** | Fixed | Full arch, often without grafting |
| **All on 6** | Fixed | Full arch with extra support |
| **Overdenture** | Removable | Loose dentures, especially lower |
| **Bar retained** | Either | Full arch needing extra stability |

YOUR TREATMENT JOURNEY

# How implant treatment works




THE FOUR STAGES OF A SINGLE IMPLANT

01 **Assessment**
Examination, 3D CBCT scan, digital scan and photographs. You receive a written plan listing every option and fee.

02 **Digital planning**
Dr Kal plans each implant against your final teeth, and a surgical guide is made where helpful.

03 **Placement**
Implants are placed under local anaesthetic, with sedation if you would like it. Placing a single implant usually takes under an hour.

04 **Healing**
Around three months while the bone grows onto the implant, longer if grafting was needed. A temporary tooth or denture covers any gap.

05 **Abutment and impression**
The implant is uncovered if needed, a healing cap shapes the gum, and a digital impression is taken.

06 **Your new teeth**
Your crown, bridge or denture is made, tried in and fitted, followed by hygiene visits and regular reviews.

### If you have lost bone

Bone shrinks after teeth are lost. Where there is not enough, a bone graft or sinus lift can rebuild it, adding a few months to treatment. Angled implants, as used in All on 4, can sometimes avoid grafting altogether.

PRE OPERATIVE INFORMATION

# Before your surgery

- **Tell us about your health.** Let us know about every medicine you take, especially blood thinners, medicines for osteoporosis or cancer (such as bisphosphonates), steroids, and conditions such as diabetes. This can change our advice.
- **Stop smoking.** Smoking slows healing and increases the risk of implant failure. Stopping before treatment, and staying stopped, gives your implants the best chance.
- **Treat gum disease first.** Healthy gums are essential. We will complete any hygiene or gum therapy before surgery.
- **Take your usual medicines** unless we have advised otherwise. Do not stop blood thinners without our advice.
- **Eat a light meal** beforehand, unless you are having sedation and have been told otherwise.
- **Arrange an escort** if you are having IV sedation. A responsible adult must take you home and stay with you for the rest of the day.
- **Prepare at home.** Stock up on soft foods and simple painkillers, and plan a quieter day or two after surgery.
- **Consent.** We will go through the benefits, risks and alternatives, and you will sign a consent form before treatment.

## On the day

- Wear comfortable clothes, and avoid lipstick and nail varnish.
- Brush your teeth well before you come.
- We will check your medical history, answer any last questions and make sure you are comfortable before we begin.

POST OPERATIVE INFORMATION

# After your surgery

| WHEN | WHAT TO EXPECT AND DO |
|---|---|
| **First 24 hours** | Bite on gauze if there is bleeding. Do not rinse, spit hard or drink through a straw. Use a cold compress for 15 minutes at a time. Rest with your head raised. Take pain relief before the anaesthetic wears off. |
| **Days 2 to 3** | Swelling and bruising usually peak, then settle. Start warm salt water rinses after meals. Eat soft, lukewarm food on the other side. |
| **First week** | Brush the rest of your mouth normally and the surgical area gently. Use any prescribed mouthwash. Avoid smoking, alcohol and strenuous exercise. |
| **1 to 2 weeks** | Review visit and removal of stitches if needed. If you wear a denture, wear it only as advised, as pressure on the implant must be avoided. |
| **3 to 6 months** | The implant bonds with the bone. Keep to the diet advice for full arch temporaries, and attend all reviews. |
| **Long term** | Clean around implants every day with interdental brushes or a water flosser, and keep hygiene visits every three to six months. |

**Contact us straight away** if bleeding will not stop with pressure, pain or swelling gets worse after day three, you have a temperature, numbness that has not worn off, or an implant or temporary feels loose. Out of hours, call NHS 111. If swelling affects your breathing or swallowing, call 999.

## Risks we will discuss with you

Implant treatment is predictable, but like any surgery it carries risks. These include swelling, bruising and discomfort, infection, an implant not bonding with the bone, damage to nearby structures such as nerves or the sinus (rare with 3D planning), gum recession, and peri implantitis, a gum infection around an implant that can lead to bone loss if not treated. Crowns, bridges and denture clips may need repair or replacement over time.

## Benefits

- Fixed, natural looking teeth
- Eat and speak with confidence
- Neighbouring teeth are left untouched
- Helps preserve the jawbone
- Long lasting with good care

## Things to consider

- A minor surgical procedure
- Healing takes a few months
- Smoking and gum disease raise the risk
- Daily cleaning and hygiene visits are essential

GUIDE FEES

# What it costs

| TREATMENT | GUIDE FEE |
|---|---|
| **CBCT 3D scan** | £250 |
| **Single implant placement** | £2,000 |
| **Implant, abutment and crown, complete** | £3,500 |
| **Bone graft** | from £600 |
| **Sinus lift** | from £1,200 |
| **Implant retained denture, per arch** | from £6,500 |
| **Full arch fixed teeth (All on 4), per arch** | from £14,500 |
| **All on 6, per arch** | Quoted after scan |
| **IV sedation** | £350 per hour |

Guide prices. Your exact plan and fees are confirmed in writing at your consultation, and nothing starts until you have agreed to it.

The full arch fee includes the implants, the same day temporary bridge and the final bridge. Extractions, sedation and grafting are itemised separately on your plan.

FREQUENTLY ASKED QUESTIONS

# Your questions answered

**Does it hurt?**

Implants are placed under local anaesthetic, so you should feel pressure but not pain. Many patients say it was easier than having a tooth out. Soreness afterwards usually settles within a few days with simple painkillers.

**How long do implants last?**

With good care and regular hygiene visits, implants can last for many years. There is no lifetime guarantee, and the crown or bridge on top may need replacing over time.

**How long does treatment take?**

A single implant usually takes three to four months from start to finish. Full arch treatment usually takes three to six months, longer if grafting is needed.

**Am I too old for implants?**

There is no upper age limit. What matters is your general health and the bone available, which we check at your assessment.

**Can I have teeth in one day?**

For All on 4 and All on 6, implants and a fixed temporary bridge are usually fitted on the same day. The final bridge follows after healing.

**Should I choose a bridge or an implant?**

When the neighbouring teeth are healthy, an implant is usually preferred because those teeth are left untouched. A bridge can suit you if the neighbours already need crowns.

**What if I smoke or have diabetes?**

Both increase the risk of problems. Well controlled diabetes is not usually a barrier. We will talk honestly about your risks and support you to stop smoking.

**Can I be sedated?**

Yes. IV sedation is popular for implant surgery and full arch treatment. You will need an escort home on the day.

**How do I clean my implants?**

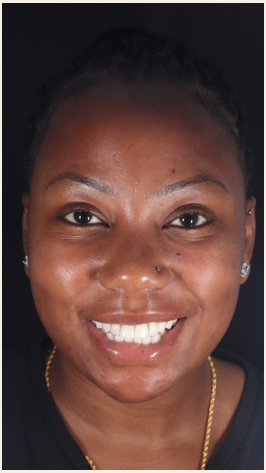
Brush twice a day and clean around each implant daily with interdental brushes, floss threaders or a water flosser. For full arch bridges we will show you how to clean underneath.

FROM TRAUMA TO A CONFIDENT SMILE

# A complex case

This patient lost front teeth after trauma. Treatment combined implants, crowns and careful planning of the gum line to rebuild a natural smile.





BEFORE AND AFTER IMPLANT RESTORATION. DR KAL'S PATIENT, SHARED WITH CONSENT







FRONT AND SIDE VIEWS, BEFORE (TOP) AND AFTER (BOTTOM). RESULTS VARY

TRUSTED SOURCES

# Further information

If you would like to read more before your consultation, these independent sources are a good place to start.

| | |
|---|---|
| **Oral Health Foundation: Dental implants** | Independent charity guide to what implants are, how they are placed and how to care for them. |
| **Guy's and St Thomas' NHS: Dental implants** | NHS hospital information on the stages of treatment, risks and long term care. |
| **University Hospitals of Leicester: Implant leaflet** | Patient leaflet covering planning, surgery, healing and possible complications. |
| **LUSSO: Dental implants** | Our implant page, with fees and frequently asked questions. |
| **LUSSO: All on 4 full arch implants** | Full arch treatment in more detail. |
| **LUSSO: Single tooth implant** | Replacing one missing tooth. |
| **LUSSO: Sedation** | How we help nervous patients, including IV sedation. |
| **LUSSO: Smile gallery** | More before and after cases by Dr Kal. |

BOOK IN

# Book your consultation

Ready to talk it through? Choose whichever way suits you. A member of our team will reply quickly, and your first visit can simply be a conversation.

| | |
|---|---|
| **Register My Interest** | Join the New Patient Offer: £1,010 of care for £49 for the first 150 patients. |
| **WhatsApp 07835 798 611** | Message us any time and we will reply in working hours. |
| **Call 01932 507650** | Speak to our team about appointments and fees. |
| **Email hello@lusso.dental** | Send us your questions or photographs. |
| **Find us** | 54 Station Approach, West Byfleet KT14 6NE, opposite the station, with parking nearby. |
| **Read more online** | This treatment on our website, with photographs and the latest information. |
| **Fee guide** | Every guide price, published in full. |

YOUR DENTIST

# Dr Kal



DR KALPESH PRAJAPAT, FOUNDER AND CLINICAL DIRECTOR

Dr Kalpesh Prajapat (Dr Kal) is an award winning implant and cosmetic dentist with over ten years of experience, and an Honorary Clinical Lecturer on the implantology course at Brighton and Sussex Medical School. He is a qualified sedation dentist with a certificate in dental phobia, and has been featured on ITV, and in The Sun, Metro and Asiana.

**Winner**, Young Aesthetic Dentist North, Clinical Dentistry Awards 2023. **Highly Commended**, Private Dentistry Awards 2019.

BDS · MFDS RCS(Ed) · DipClinDent · GDC No. 264109

### Why patients choose LUSSO

- A 100 point Dental Wellness Assessment and a digital dental passport you keep
- Every plan designed and signed off by Dr Kal, with published fees and a written plan
- 3D scanning, CBCT imaging and Digital Smile Design
- Sedation for nervous patients, and early, evening and Saturday appointments

LUSSO
DENTAL

# Ready when you are

A purpose built private dental wellness clinic opposite West Byfleet station, led by Dr Kal. Implants, cosmetic dentistry, sedation and family care. Opening Q1 2027.

NEW PATIENT OFFER

## £1,010 of care for £49

For the first 150 patients to register: a Dental Wellness Assessment with Dr Kal, an advanced 3D scan, Digital Smile Design, a 30 minute hygiene visit and a professional whitening kit with custom trays. £49 is paid when you book and covers your trays.

REGISTER MY INTEREST

lusso.dental/new-patient-offer · Offer terms apply

SCAN TO REGISTER


CALL
01932 507650

WHATSAPP
07835 798 611

EMAIL
hello@lusso.dental

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